



## Role Modeling for Healthy Kids

Teams of 2-4 individuals—school staff, parents, and other adults—are invited to join the lowa Department of Education for a one-day workshop that will address the many ways adults can be role models for students in the area of nutrition and physical activity. A \$100 honorarium will be offered to participants who conduct follow-up workshops in their local school community.

## **Dates and Locations**





Each workshop will begin at 8:30 a.m. and end at 2:30 p.m. with registration beginning at 8 a.m. Registration forms will be available on the Healthy Kids Act web site at <a href="www.tinyurl.com/lowa-HKA">www.tinyurl.com/lowa-HKA</a> no later than August 10, 2010. For more information, contact Jennifer Neal at 515-281-6192 or jenny.neal@iowa.gov.

